

“ PPP ”

People for Proper Policing in North Wales

“Mind Driving” - Advanced Driving UK's Chosen Reference - April 2007

In continuing its efforts to change the face of road safety in the UK, Advanced Driving UK has selected the new book "Mind Driving" by Stephen Haley as its reference source. **Advanced-Driving.co.uk is the UK's largest online Advanced Driving Community, with over 400,000 hits per month.** Mind Driving is essential reading for everyone wishing to undertake further or Advanced Driver training recommended by users and contributors on the website.

The book explains that expert drivers use much more than their "hands and feet" skills. Safe driving is actually a 95% thinking task, and is about actively controlling risk.

The PPP comments The basic philosophy in this book needs to be understood by any driver of any type of vehicle. We must move away from the emphasis on only the mechanical operation and physics of driving to understand the psychology and decision making involved.

This understanding can make it possible for 35 million drivers to FREELY negotiate our crowded roads SAFELY. The pyramid principle of LOSS CONTROL we raised in a recent article applies to road safety. The base of this pyramid is the millions of 'incidents' and near misses that occur each day on our roads. The peak of the pyramid is the 3300 fatalities each year.